

# Policy Action for Climate-Friendly Food



**MAGGIE NEOLA, RD**

**PhysiciansCommittee**  
for Responsible Medicine [PhysiciansCommittee.org](https://PhysiciansCommittee.org)

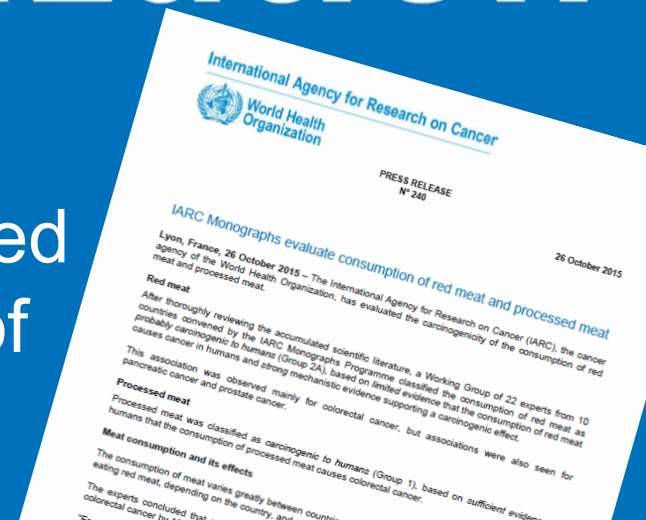
# Academy of Nutrition and Dietetics



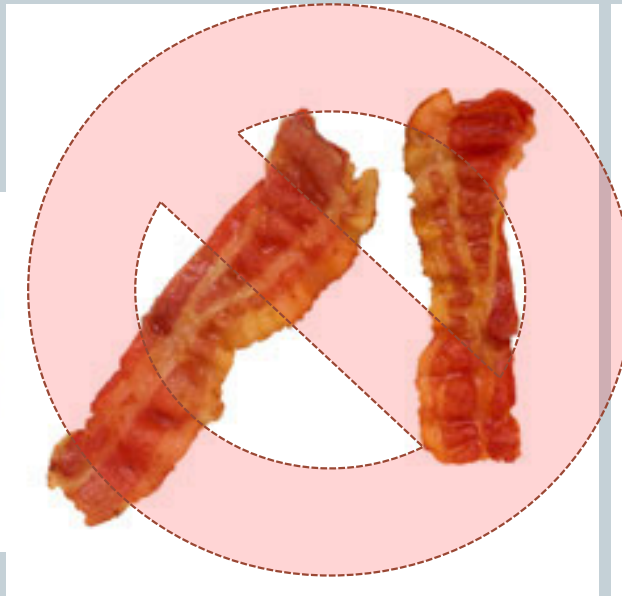


# World Health Organization

“... each 50 gram portion of processed meat eaten daily increases the risk of colorectal cancer by 18%.”



# Our Success in Policy



**MSDC**

MEDICAL SOCIETY OF THE  
DISTRICT OF COLUMBIA



AMERICAN  
COLLEGE *of*  
CARDIOLOGY



Healthy Food Options in  
Hospitals H-150.949

- Add healthful plant-based entrees
- Remove processed meats

*Annual Meeting of the House of Delegates,  
June 14, 2017*

# AMA Resolution 203



- Amended June 2018
- “...recognized that lactose intolerance is a common and normal condition among many Americans, especially African Americans, Asian Americans, and Native Americans
- ...eliminate requirements that children produce documentation of a disability or a special medical or dietary need in order to receive an alternative to cow’s milk

# CA Bill Passed



## Senator Nancy Skinner

REPRESENTING SENATE DISTRICT 9

### PRESS RELEASE

FOR IMMEDIATE RELEASE *Tuesday, September 18, 2018*

CONTACT: Eric Panzer, Communications Director — (510) 508-7033

**Governor Brown Signs Senator Skinner's SB 1138 to Offer Plant-Based Meal Options in Hospitals, Healthcare Facilities and Prisons**

# Processed Meat Removal in SB



**SEPTEMBER 2018**

**HARVEST OF THE MONTH: KALE & MELONS**



Our meals are prepared from scratch by caring hands using wholesome, high quality ingredients.

Local, organic produce, whole grains and milk with no artificial growth hormones served daily.

**EAT TO LIVE, LIVE TO LEARN, & LEARN TO EAT**

	Monday, September 3	Tuesday, September 4	Wednesday, September 5	Thursday, September 6	Friday, September 7
Breakfast	<b>Labor Day- No School</b>	French Toast	Breakfast Burrito	Breakfast Sandwich	Banana Bread
Lunch		Beef Tacos	Chicken Enchiladas	Roasted Pork Torta	Farmhouse Pizza
Vegetarian		Veggie Fried Rice	HP Crispy Chicken Burger	Chile Rellenos	HP Korean Beef & Noodles
Snacks		Chips & Salsa	Fruit & Grahams	Veggies, Cheese & Crackers	Cookie & Milk
Dinner		Cheeseburger	Mac n' Cheese	Pork Fried Rice	Beef Tacos
	Monday, September 10	Tuesday, September 11	Wednesday, September 12	Thursday, September 13	Friday, September 14
Breakfast	Hot or Cold Cereal	Mexican Breakfast Bread	Breakfast Burrito	Cinnamon Roll	Bagel & Cream Cheese
Lunch	Cheeseburger	Carnitas Burrito	Chicken Pozole	Orange Chicken	Three Cheese Pizza
Vegetarian	Mac n' Cheese	Grilled Veggie Sandwich	HP Beef Tostada	Smoothie & Cheese Quesadilla	HP Spaghetti with Meat Sauce
Snacks	Snack Mix & Applesauce	Cheesy Breadstick & Fruit	Snack Bread & Milk	Tajin Veggies & Snack Mix	Granola & Yogurt
Dinner	Beef Burrito	BBQ Chicken	Chicken Enchiladas	Chicken Pasta Alfredo	Beef Tostada Supreme
	Monday, September 17	Tuesday, September 18	Wednesday, September 19	Thursday, September 20	Friday, September 21
Breakfast	Hot or Cold Cereal	French Toast	Breakfast Burrito	Breakfast Sandwich	Blueberry Bread
Lunch	Chicken Fried Rice	Taco Al Pastor	Roasted Turkey Sandwich	BBQ Chicken	Fiesta Pizza
Vegetarian	Soytzo Quesadilla	Thai Green Curry Bowl	HP Beef Nachos	Tropical Tofu & Pineapple w/ Rice	HP Meatball Sub
Snacks	Marinara Dipper	Chips & Salsa	Fruit & Grahams	Veggies, Cheese & Crackers	Cookie & Milk
Dinner	Cheeseburger	Pozole	Cheese Pizza	Chicken Pasta Alfredo	Beef Tacos
	Monday, September 24	Tuesday, September 25	Wednesday, September 26	Thursday, September 27	Friday, September 28
Breakfast	Hot or Cold Cereal	Mexican Breakfast Bread	Breakfast Burrito	Cinnamon Roll	Bagel & Cream Cheese
Lunch	Cheeseburger	Adobada Tacos	Pork Pozole	Spaghetti w/Meat Sauce	HP Sausage & Veggie Pizza
Vegetarian	Bean & Cheese Burrito	HP Chicken Enchiladas	Smoothie & Cheese Quesadilla	HP Beef Tostada	HP Beef Chow Mein
Snacks	Cheesy Breadstick & Fruit	Bean Dip & Chips	Snack Bread & Milk	Tajin Veggies & Snack Mix	Granola & Yogurt
Dinner	Orange Chicken	BBQ Chicken	Beef Chow Mein	Chicken Burrito	Cheese Enchiladas

**SBUSD Proudly Serves Hungry Planet (HP), 100% pure plant protein, non-GMO, soy delicious & vegan**

**\*\*Supper Sites:** Please visit our webpage at [www.sbunified.org](http://www.sbunified.org) under Food Services for sites nearest you. Children eat Free, 18 years and younger. \*Snacks are provided to ASEL, EE, SB City Parks & Rec Afterschool Programs. The SBUSD, USDA and the CDE are equal opportunity providers and employers. Menu subject to change without notice.



# NYC Resolution

METRO

## Lawmakers want to ban baloney from NYC public schools

By [Carl Campanile](#)

March 22, 2018 | 8:53pm | Updated



Eric Adams; Fernando Cabrera

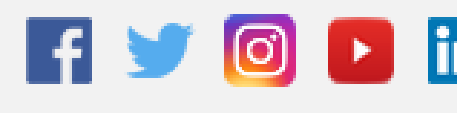
# Get Involved



- ❑ Introduce a resolution, menu change, or bill
- ❑ Comment on CA Nutrition Guidelines by 11/5
  - ❑ [www.pcrm.org/CA](http://www.pcrm.org/CA)
  - ❑ [regcomments@cde.ca.gov](mailto:regcomments@cde.ca.gov)

# Stay In Touch



- [www.HealthySchoolLunches.org](http://www.HealthySchoolLunches.org)
- [www.PhysiciansCommittee.org](http://www.PhysiciansCommittee.org)
- Follow us on social 
- Email Maggie at [mneola@pcrm.org](mailto:mneola@pcrm.org)