



San Diego Unified School District





**Healthy food.  
Successful students.**  
Food & Nutrition Services



Second largest school district in California

We serve over 275 sites in San Diego

60% of our students qualify for free or reduced priced meals



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Each day, we serve around 130,000 total meals, which equates to over 22 million meals per year.

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On average, approximately 30% of meals selected are vegetarian, 25% at elementary level and 35% at secondary level.



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# A Day in the Life of a Vegetarian Student

## BREAKFAST

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Breakfast Burrito



Fruit Bowl



Strawberry NutriGrain Bar



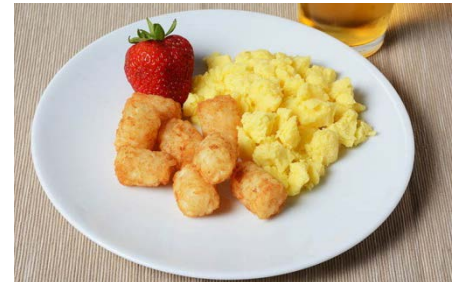
Scrambled Eggs & French Toast



Fruit & Yogurt Parfait



Cereal



Scrambled Eggs & Tots



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# A Day in the Life of a Vegetarian Student LUNCH



Sunbutter & Jelly Sandwich w/  
String Cheese



California Veggie Burger



Scrambled Eggs & French Toast



Ava's Avocado Salad



Cheese Pizza



Baja Hummus Veggie Plate



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More than 350  
salad bars across  
our district

Used everyday to  
serve fresh fruits  
and vegetables





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# Limited Time Offer Composed Salads



Citrus Explosion



Cran Apple Delight



Minty Melon Sensation



Carrot Raisin Salad



Buffalo Cauliflower Salad



Mango Berry Blast



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# Our Beliefs

We don't believe in tricking students by hiding the meat.

We don't believe in serving meat analog products.  
Instead we prefer to serve less processed foods like beans.

We spend our commodity dollars on cheese and sunflower butter, and then pay for specialty items like our black bean burger, mushroom blend burger, local fruits, vegetables, proteins, and grains.





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# Farm to School Program



Harvest of the Month



Farm to School Newsletter



Social Media



Nutrition Education



Taste Tests



Garden to Café



# Stakeholder Collaboration



Seeking Student Input –  
Kid's Create Recipe Contest



Seeking Student Input –  
Test Kitchens



Working with Community Partners –  
Program Innovation



Collaborating with Vendors –  
Product Development



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**LOVE  
FOOD  
NOT  
WASTE**  
SDUSD!

# PROGRAM RESULTS

September 2016 – June 2018:



**327,955 lbs.**  
of food kept out of the landfill



**273,296 meals**  
provided to those in need



**178,080 lbs.**  
of carbon (CO2e)  
emissions kept out of our atmosphere





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# For More Information

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WEBSITE

**Food & Nutrition Services Website:**

[www.sandiegounified.org/food](http://www.sandiegounified.org/food)



**Facebook:** San Diego Unified Farm to School



**Twitter:** SDFarmtoSchool



**Instagram:** SDFarmtoSchool



**YouTube Channel:** Farm to School - San Diego Unified