

School Food Program Toolbox



Tools for You:

- Sample letter to your Food Service Director: [Gdoc](#)
- Sample letter to school board members: [Gdoc](#)
- Example [timeline for change](#), based on the Forward Food Program's experience getting Sarasota schools on board with Meatless Mondays
- [Ambassador Guide](#): How to Get Meatless Monday Going at Your K-12 School

Resources for Schools:

Recipes

- [Recipes for School Lunch Programs](#), from the Physicians Committee for Responsible Medicine
- [Vegetarian Options for School Lunch Programs](#), from the Physicians Committee for Responsible Medicine.
- [Plant Forward Recipes](#), from the Chef Ann Foundation
- [Foodservice resources](#), from Forward Food
- [Training](#) for K-12 foodservice staff, from Forward Food

[Meatless Monday Goes to School](#) cookbook

Background Information

- [“Lunch Lessons, Changing the Way We Feed Our Children,”](#) TEDx talk by Chef Ann Cooper
- [“Making the Case for Healthy, Freshly Prepared School Meals,”](#) video by the Center for Ecoliteracy
- [“Shrinking the Carbon and Water Footprint of School Food,”](#) report by Friends of the Earth

Supporting Materials

- [Posters and flyers](#), from the Chef Ann Foundation
- [Success stories](#) from Food Service Directors in North Carolina, Georgia and Washington, DC, from the School Nutrition Association
- [Meatless Monday Grades K-12 School Cafeteria Foodservice Implementation Guide](#), from Meatless Monday
- Friends of the Earth's [new report](#), *Scaling Up Climate-Friendly School Food: Strategies for Success*
- [Friends of the Earth's school food page](#)
- ["Oakland Chef Bryant Terry Cooks with Afro Vegan Soul"](#) (video)
- ["Bryant Terry on Afro-Veganism & The Black Panther Movement,"](#) Viceland (video)
- ["Why pro-intersectional veganism is important"](#) (video)

Links and resources cited in this Toolbox

Food Service Director Letter: https://docs.google.com/document/d/1vH_v-nJANoXRIIFGCrCqHhfe6N7eGjKkqBn2p3ZhH90/edit

School Board Member Letter: <https://docs.google.com/document/d/1IPRMB8OHYtU9zyntBZ8IJqpHsIDNxv-NRDgq1k6Y8E/edit>

Timeline for Change: https://docs.google.com/document/d/12oNJeMXmiTsTmc_3Owu6POLHWLtdfXGOOBIJS2LNwOQ/edit#heading=h.gjdgxs

Ambassador Guide: http://www.meatlessmonday.com/images/photos/2018/07/mm_ambassador_guide_K-12.pdf

Recipes for School Lunch Programs: <https://www.pcrm.org/sites/default/files/16248-NTR-vegan-quantity-recipe-booklet-update.PDF>

Vegetarian Options for School Lunch Programs: <https://www.pcrm.org/sites/default/files/17108-NTR-Vegan-Options-For-School-Lunch-Programs.pdf>

Plant Forward Recipes: <http://www.thelunchbox.org/programs/plant-forward-initiative/?tab=plant-forward-recipes>

Foodservice resources: <https://forwardfood.org/foodservice>

Training for K-12 foodservice staff: <https://forwardfood.org/events>

Meatless Monday Goes to School: http://www.meatlessmonday.com/images/photos/2015/06/MM_GOESTOSCHOOL_COOKBOOK.pdf

Lunch Lessons, Changing the Way We Feed Our Children: <https://www.youtube.com/watch?v=IVJv91n39Q8>

Making the Case for Healthy, Freshly Prepared School Meals: <https://www.ecoliteracy.org/download/making-case-healthy-freshly-prepared-school-meals>

Shrinking the Carbon and Water Footprint of School Food: <https://foe.org/resources/shrinking-carbon-water-footprint-school-food/>

Posters and flyers: <http://www.thelunchbox.org/programs/plant-forward-initiative/?tab=tools-and-resources>

Success Stories: https://schoolnutrition.org/uploadedFiles/2_Meetings_and_Events/Presentation_PDFs/ANC_2017/Serving-Vegan-Entrees-Success-Challenge.pdf

Meatless Monday Implementation Guide: <http://www.meatlessmonday.com/images/photos/2017/07/meatless-monday-guide-food-service-K-12.pdf>

Friends of the Earth report: <https://foe.org/projects/school-food-purchasing/>

Friends of the Earth's school food page: <https://foe.org/projects/school-food-purchasing/>

Chef Bryant Terry Cooks with Afro Vegan Soul: <https://www.youtube.com/watch?v=6svIMxOoP2o>

Bryant Terry on Afro-Veganism & The Black Panther Movement: <https://www.youtube.com/watch?v=pyrjPnM9XYk>

Why pro-intersectional veganism is important: <https://www.youtube.com/watch?v=eiWOWysJHmc>

For a clickable list, visit: <https://omdfortheplanet.com/school-program-toolbox/>