FRESHFARM FOODPRINTS

an academic approach to growing healthy students through cooking & gardening

Our Vision

Schools serve as hubs for food education and local food access, leading to improved family health and increased academic engagement.

Health Realities in the U.S.

45% of U.S. population suffers from at least one chronic disease

1 in 3 children born today will develop diabetes

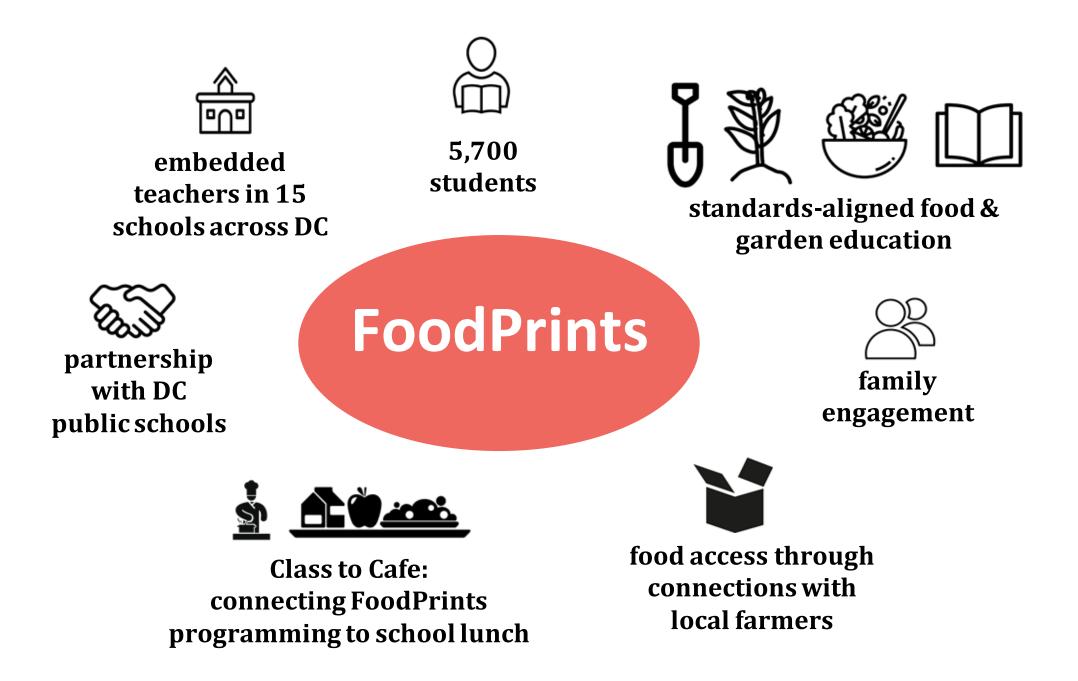
80% of chronic disease is diet - and lifestyle - related

(The Partnership to Fight Chronic Disease)



FOODPRINTS MODEL





FoodPrints Staff





garden





study

STEM

LEAVES

FLOWER







eat



school meals integration



sample lunch menu

FoodPrints Days Winter Lunch Menu

FoodPrints recipes are served at Ludlow-Taylor on Wednesdays

Broccoli Pasta & ABC Salad 1/9, 2/6, 3/6 & 3/27

Veggie Chili & Cauliflower "Popcorn" 1/16, 2/13 & 3/13

Sweet Potato Quesadillas & Tuscan Kale Salad 1/30, 2/27 & 3/20





https://castlegatemedia.wistia.com/medias/9ey5zj74d7

OUTCOMES

Class to Cafe Outcomes

Research shows that students in FoodPrints-WITS schools:

- Ate 42% more FoodPrints-WITS entree and side salad portions
- Had greater preferences for several vegetables (kale, sweet potatoes, radishes, lettuce, and beets)



"FoodPrints is an important change agent, helping to positively frame children's relationship to food, shape schools' capacity for nutrition education, and support the broader academic mission of DC Public Schools." – Dr. Amy Best, George Mason University