

The logo icon consists of a vertical red bar on the left, followed by a series of horizontal red bars of varying lengths, creating a stylized representation of a field or a stack of food items.

# **FRESHFARM** **FOODPRINTS**

an academic approach to growing healthy  
students through cooking & gardening

# Our Vision

Schools serve as hubs for food education and local food access, leading to improved family health and increased academic engagement.

# Health Realities in the U.S.

45% of U.S. population  
suffers from at least one  
chronic disease

1 in 3 children born today  
will develop diabetes

80% of chronic disease is  
diet - and lifestyle - related

(The Partnership to Fight Chronic Disease)





# FOODPRINTS MODEL





**embedded  
teachers in 15  
schools across DC**



**5,700  
students**



**standards-aligned food &  
garden education**



**partnership  
with DC  
public schools**

**FoodPrints**



**family  
engagement**



**Class to Cafe:  
connecting FoodPrints  
programming to school lunch**



**food access through  
connections with  
local farmers**



# FoodPrints Staff







garden







study







cook



eat





# school meals integration



# sample lunch menu

## FoodPrints Days Winter Lunch Menu

*FoodPrints recipes are served  
at Ludlow-Taylor  
on Wednesdays*

Broccoli Pasta & ABC Salad  
1/9, 2/6, 3/6 & 3/27

Veggie Chili &  
Cauliflower "Popcorn"  
1/16, 2/13 & 3/13

Sweet Potato Quesadillas &  
Tuscan Kale Salad  
1/30, 2/27 & 3/20





<https://castlegatemedias.wistia.com/medias/9ey5zj74d7>



**OUTCOMES**

# Class to Cafe Outcomes

Research shows that students in FoodPrints-WITS schools:

- Ate 42% more FoodPrints-WITS entree and side salad portions
- Had greater preferences for several vegetables (kale, sweet potatoes, radishes, lettuce, and beets)





“FoodPrints is an important change agent,  
helping to positively frame  
children’s relationship to food,  
shape schools’ capacity for nutrition  
education, and support the broader  
academic mission of DC Public Schools.”

*– Dr. Amy Best, George Mason University*