

# Climate-Friendly School Initiatives for K-12

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# What is Meatless Monday?

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- Meatless Monday is a global campaign that encourages people to cut meat from their diets one day a week
  - Good for the planet (GHE, water, energy, land) and overall health (obesity, diabetes, CVD, Cancer)
- CLF have been involved with the Meatless Monday campaign since its creation in 2003
- Meatless Monday is currently in over 40 countries
- Meatless Monday is implemented in thousands of schools, hospitals, restaurants, companies and communities
- Why Monday? – A fresh start, and a chance to get your act together



# Meatless Monday K-12

## New York City Public Schools

- Meatless Monday piloted in 15 schools in Brooklyn Spring 2018
- Beginning 2019/2020 school year, all NYC schools are meatless

## Los Angeles Unified School District

- Mondays - no meat served in 700+ schools

## San Diego Unified School District

- Meatless Monday implemented in all elementary schools
  - All three entrees are meatless

## Whitsons Culinary Group

- Implemented Meatless Monday in every school served
  - 100 school districts in Northeast United States (~1000 schools)

# Meatless Monday Resources

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FREE POSTERS AND  
PROMOTIONAL  
MATERIALS FROM  
MEATLESS MONDAY



IMPLEMENTATION  
MATERIALS



EVIDENCE-BASED  
FACT SHEETS



PROGRAM  
EVALUATION



LIFETIME  
PARTNERSHIP



RECIPES AND  
COOKBOOKS

# Center for a Livable Future Initiatives

## Foodspan

- Free curriculum designed for HS students that discusses critical issues facing our food system
- Aligned with national education standards for science, social studies, health and family, consumer sciences
- Empowers students & allow them to take ownership of their health and food choices
- Baltimore City Public Schools Food & Nutrition Services use the curriculum to train their food service providers