



POWER TO THE PEOPLE & THE PLANTS

IF OUR PLATES COULD TALK?

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Food is a ritual form of communication. - based on James Carey



**BREAKING
THE CYCLE**



Food is also central to individual identity in that any given human individual is constructed, biologically, psychologically and socially by the foods he/she chooses to incorporate.

- Claude Fischler, Food, Self and Identity



ORIGINS OF SOUL FOOD

PAN AFRICAN
HEALING CUISINE

NATIVSOL
KITCHEN™
come back home


The Washington Post

nativsol.com



The choice of dishes canonized in any cuisine reflects hegemonic tastes and beliefs.

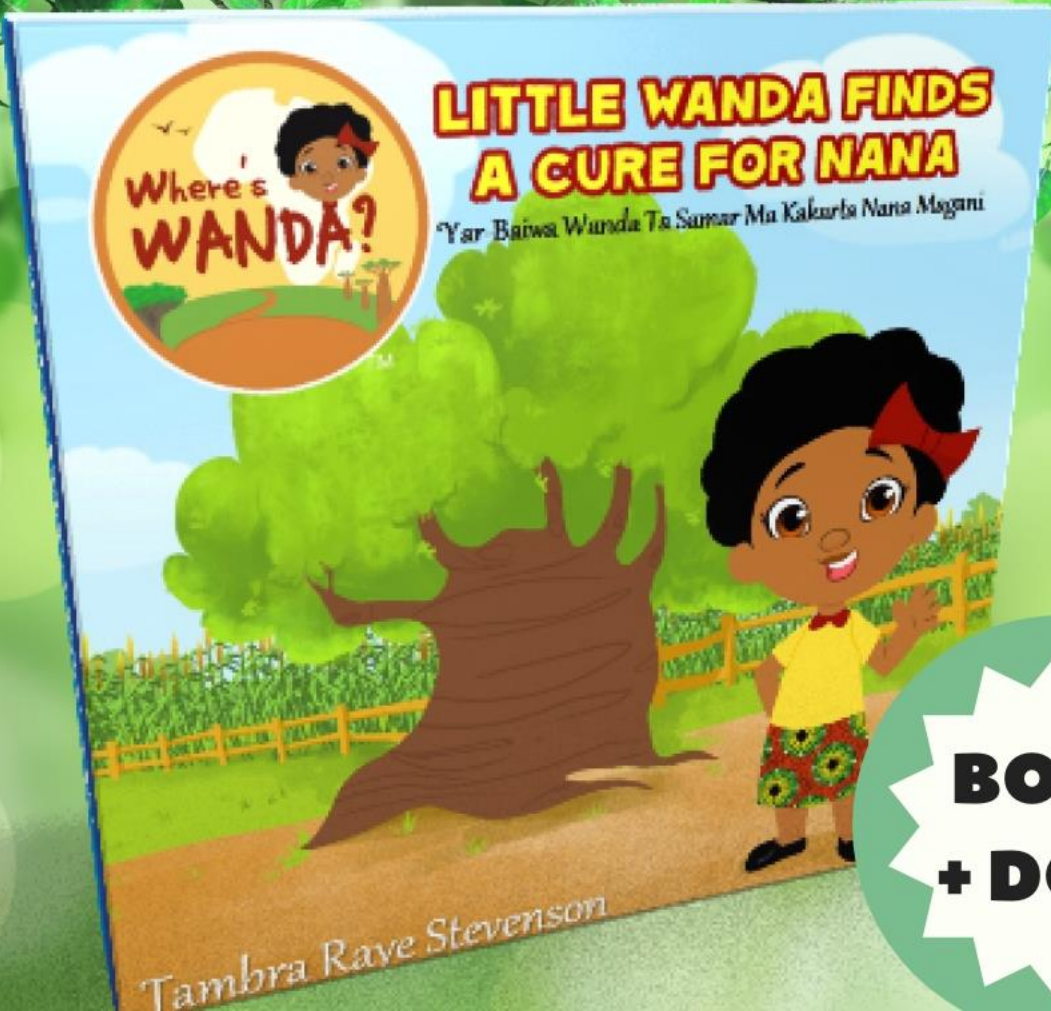
- Katharina Vester, Taste of Power



The study of race is critical to understanding food. Food must be understood within circulations of power and race must be analyzed with...awareness of what is politically at stake...

- Rachel Slocum

NEW NARRATIVE OF THE FOOD SYSTEM.



**BOOK
+ DOLL**

**ESPERANZA
SPAULDING**



MISS AFRICA USA



Good morning boys and girls.
Today is Wednesday, December 13, 2017.

Patterns
A B A B

Star
Ribbon
Decorations
Christmas Tree
Presents

5 GENDER EQUALITY

3 GOOD HEALTH AND WELL-BEING

MISS AFRICA USA

WANDA

Aa

Pp

ETHIOPIA



@IAMWANDAORG

WHO LOVES WANDA?



CHEF CARLA HALL

TAKES A
VILLAGE
TO RAISE
A LITTLE
WANDA.



WILL YOU JOIN THE JOURNEY?

